

Guidance and Counselling:-

Apart from the school education Kendriya Vidyalaya AFS Naliya is providing guidance and counselling for the students. To fulfil guidance and counselling need school has recently appointed Counsellor in the Vidyalaya.

The requirement of guidance and counselling for students emerges from the changes taking place in every sphere of life. Academic stress, poor academic performance, cutthroat competition, vast and varied educational and career opportunities and resulting confusion in making career choice, ever growing, changing and complex world of work, drop-out, suicide, anger, violence, drug abuse, child abuse, sex , crime, changes in lifestyle, divorced , single parents etc. are some of the concerns which require support of guidance and counselling services to school students. To address the developmental needs and concerns of students at different stages of schooling, a professionally trained counsellor or a teacher-counsellor is required to work within and with the system. The purpose of guidance and counselling services is to help each student develop as an individual in his/her own right, make choices and set goals on the basis of his/her strengths. By attending to the special needs and requirements of students belonging to different social, economic and cultural backgrounds, guidance and counselling helps students engage in the educational process and, thereby, benefit from the curricular experiences. Guidance and counselling not only helps students to develop an understanding of one self and of others, it also supports students to deal with their personal- social, academic and career related concerns. It facilitates development of effective study habits, motivation, identifying learning or subject related problems, helping students to see the relevance of school years in life and for future, developing skills, right attitude and interests to help making a choice in career etc. Guidance and counselling, thus, promotes holistic development of every student.